

2022

# RECOLLECTIONS & RETREATS FOR WOMEN

Retreat: 3 days dedicated to thinking about one's spiritual life and one's relationship with God and others.

Days of recollection - A brief period of reflection on one's life in the light of Christian Faith and Morals. They are inclusive of Holy Mass.



**FOR MORE DETAILS, CONTACT:**

**Olokira - 0722 625468 / 0703 034470**

**Samara - 0722 530449 or 020 2406491**

**Watani - 0722 762892**

# RETREATS 2022

**TIGONI STUDY CENTRE, LIMURU**

**31st Jan- 2nd Feb - Olokira**

**3rd - 6th Feb - Samara**

**7th - 9th March - Samara**

**28th - 30th March - Olokira**

**7th - 10th April - Samara**

**14th - 17th April - Olokira**

**19th - 22nd May - Olokira**

**23rd - 26th June Watani**

**7th - 10th July - Samara**

**21st - 24th July Olokira**

**8th - 11th Sept - Watani (Swahili)**

**24th - 26th Oct - Olokira**

**27th - 30th Oct - Samara**

**17th - 20th Nov - Watani**

**17th - 20th Nov - Olokira**

**1st - 4th Dec - Olokira**

**6th - 8th Dec - Samara**

## TIME OF ARRIVAL IN TIGONI:

**Weekend Retreats: Thursday by 6.30 p.m**

**Weekday Retreats: Monday by 1.00 p.m**

# 2022 Recollection Dates

|           | Watani Centre | Strathmore University | Kianda School | Strathmore University | Strathmore University | Faida        |
|-----------|---------------|-----------------------|---------------|-----------------------|-----------------------|--------------|
| Week      | 1st Saturday  | 2nd Saturday          | 3rd Saturday  | 4th Tuesday           | 4th Wednesday         | 2nd Thursday |
| Time      | 9.00am        | 9.00 am               | 9.00 am       | 9.00 am               | 5.45pm - 8 pm         | 9.00am       |
| January   | 8             | 8                     | 15            | 25                    | 26                    | 13           |
| February  | 5             | 12                    | 19            | 22                    | 23                    | 10           |
| March     | 5             | 12                    | 19            | 22                    | 23                    | 10           |
| April     | 2             | 9                     | 16            | 26                    | 27                    | 21           |
| May       | 7             | 14                    | 21            | 24                    | 25                    | 12           |
| June      | 4             | 11                    | 18            | 28                    | 22                    | 9            |
| July      | 2             | 9                     | 16            | 26                    | 27                    | 14           |
| August    | 6             | 13                    | 20            | 23                    | 24                    | 11           |
| September | 3             | 10                    | 17            | 27                    | 28                    | 8            |
| October   | 1             | 8                     | 15            | 25                    | 26                    | 13           |
| November  | 5             | 12                    | 19            | 22                    | 23                    | 10           |
| December  | 3             | 10                    | 17            | 20                    | 21                    | 8            |

All the retreats organised by Watani will take place in Tigoni House

All the retreats organised by Olokira and Samara will take place in Tigoni Study Centre

**The doctrinal and spiritual formation offered at these activities has been entrusted to Opus Dei, a personal prelature of the Catholic Church.**